



**act**  
AIDS Committee of Toronto

## My Safer Sex and Snorting Kit one condom and one straw

**Getting tested for Hep C can give you peace of mind. The virus can be treated to prevent liver disease.**

### **Hassle Free Clinic**

Call to make an appointment  
Men and Trans clinic: 416-922-0603  
Women and Trans clinic: 416-922-0566

### **The Works**

Call to make an appointment  
416-392-0520

### **Community Health Centres**

Most centres can provide testing by appointment or on a drop-in basis if available. Dial 211 to find a health centre in your area.

### **Family Doctor**

A general practitioner can provide you with these tests. Contact your doctor or visit a walk-in clinic.

Unlike HIV, anonymous testing is not available for Hep C.

For more information, visit the  
AIDS Committee of Toronto (ACT) website:  
[www.actoronto.org/hepatitis](http://www.actoronto.org/hepatitis)

# What you need to know about Hep C.

**The Hepatitis C virus is in the blood and can cause long-lasting liver disease.**

**About 35,000 people in Ontario have Hep C and don't even know it!**

**If you're HIV-positive, you have a greater risk of getting Hep C.**

**Unlike Hep A and Hep B, there's no vaccine for Hep C, but testing early makes more treatment options possible.**

**Hep C is a blood-borne virus, but it can be transmitted even when you don't see any blood. Early research findings are suggesting you can get it from the moist secretions lining the inside your nose.**

## Protect yourself from Hep C.

**Don't share rolled bills or straws for snorting. There's a fresh one in this kit just for you.**

**Use a new latex condom every time you have sex or share toys. We've got you covered with one in this kit.**

**If you're using needles, cookers, filters, or anything else that comes into contact with blood, don't share it.**

**Remember that the more you snort, the more you damage the lining inside your nose. This puts you at a greater risk of transmitting Hep C.**